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LEADERSHIP

Message from the President

Hello, NAEOP members. I am Mary Guest, CEOE. I am humbled and honored to serve you as the 2020-2021 NAEOP President. My theme for this year is the NAEOP vision statement – to be the leading resource for educational professionals. My logo is the NAEOP logo. This is a year to focus on the future of NAEOP and its members.

[Click here for full article.](#)



EDUCATION

5 Self-Care Habits to Support Your Mental Health

Let's face it: 2020 has taken a toll on just about everyone's mental health. From the pandemic and quarantine to riots and political unrest, it's safe to say that many of us have experienced moments of anxiety, fear, or even depression over the past few months.

[Click here for full article.](#)



ACHIEVEMENT

A New Model for Exceptional Performance

Most of us have been taught that achieving success requires setting goals, working hard and remaining focused on a long-term plan.

Based on hundreds of interviews with high achievers across a number of performance fields, John Eliot, a lecturer in kinesiology at Rice University and author of *Overachievement: The New Model for Exceptional Performance*, believes just the opposite is true. The most efficient path to success, he concludes, is the path that's least defined.

[Click here for full article.](#)



RECOGNITION

Recognition

What really matters in the workplace is helping employees feel appreciated. Whether it's a colleague, a supervisor, a teacher, a student, an aide, a custodian, or any other support staff...

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NETWORKING

How to Work Effectively with Different Types of Coworkers

We've all heard of the Golden Rule, but in business, The Platinum Rule is even more important. Dr. Tony Alessandra asserts that The Platinum Rule, "Treat others the way they want to be treated," recognizes what drives people is varied. You can't control others, but you can control your actions. By shifting your behavior, you can have more productive relationships with different people. [Click here for full article.](#)

ADDITIONAL FEATURES: CLICK ON EACH BOX FOR MORE INFORMATION

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PSP PROGRAM

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